

Loaded Vegetable Club

Total: 10 min. Active: 10 min. Yield: 1 serving.

Nutritional Information Per Serving

Calories: 510. Total Fat: 35g. Carbs: 36g. Protein: 16g.

Ingredients

- 3 slices thin sandwich bread, lightly toasted
- 2 tbsp mayonaise
- 2 slices cooked bacon, halved
- 2 tomato slices
- 1/2 oz thinly sliced Cheddar cheese
- 1/3 cup sliced cucumber
- 1/4 shredded carrot
- 2 large lettuce leaves

Directions

Spread mayonnaise on one side of each toast slice. Layer bacon and tomatoes on one slice. Top with a second slice, then layer cheese, cucumber, carrot and lettuce. Top with the third slice. Slice the sandwich on the diagonal.

