

Strawberry Spinach Salad

Total: 5 min. Active: 5 min. Yield: 1 serving.

Nutritional Information Per Serving

Calories: 296. Total Fat: 18g. Carbs: 27g. Protein: 8g.

Ingredients

- 3 cups baby spinach
- 1 tbsp finely chopped red onion
- 1/2 cup sliced strawberries
- 2 tbsp vinaigrette, such as a light raspberry
- 1/4 medium avocado, diced
- 2 tbsp toasted walnut pieces

Directions

Combine spinach, onion, and strawberries in a medium bowl. Drizzle with vinaigrette; toss to coat. Top with avocado and walnuts.

